



# Barrhaven

Psychological Services

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## Psycho-Educational Assessment Services for Children (aged 4-16)

At Barrhaven Psychological Services (BPS), we provide diagnostic and intellectual assessment services for children with suspected or confirmed developmental and/or behavioural challenges. We also provide psycho-educational assessments to determine cognitive/intellectual profiles and special learning needs. The package is valid for children aged 4-16 years.

**Psycho-educational testing** is helpful in examining several factors that might influence academic performance. At times, testing may lead to a **diagnosis of a learning disability or attention deficit**. **Giftedness or a developmental delay** may also become apparent through the assessment.

Psycho-educational assessments are conducted at BPS by Dr. Amélie Beausoleil (in English or French), Dr. Lindsay Rosval (English) and occasionally by other psychologists.

### MEETINGS

Assessments are generally comprised of the following meetings:

- **Part 1:** A one-hour initial interview with both parents and the child. Part of this session is set aside to meet with the parents alone to discuss their concerns for their child, past interventions, and developmental history. Please bring past report cards, Individualized Education Plan (if available), and any other pertinent assessment reports (e.g., previous psychology reports, speech-language assessments). The last part of the session is an intake assessment for the child alone.
- **Part 2:** There are 2-3 testing sessions (lasting approximately 2 hours each) with the child in which s/he will be observed and will also participate in the formal testing. These testing sessions are scheduled as follows:
  - **Dr. Beausoleil on Fridays from 9am – 12pm,**
  - **Dr. Rosval on Thursdays from 9am - 12 pm,**
  - **Availability of other psychologists can be discussed with Colleen**
- During the testing sessions, some children require more or less time to complete the required tasks. If the child is done before the 2 hours' time period, the parent will only **pay for the time the child has used (rounded up to the nearest 15 minutes)**. If the child requires additional time to complete the tasks, parents will be expected to **pay for the additional time (based on the hourly rate)**.
- Parents are **NOT required to stay at the office during the tests**, however we do suggest that they stay nearby so that they are able to pick up the child as soon as the testing is finished.

- **If necessary**, the following will be added to the assessment (with consent from the parents): Conversations with care providers such as day care providers, classroom teachers, speech and language therapists, and occupational therapists.
- **Part 3:** Completion of standardized questionnaires by parents, child (if appropriate), and teachers.
- **Part 4:** Feedback meeting with parents to provide the results of the assessment as well as any diagnoses and recommendations for home and school. Parents are also provided with a written report to share with the school at this feedback meeting.

### **Test and Language Information:**

Psycho-educational assessments are available at BPS in English or French. However, there are some questionnaires for the parents that are **only available in English**. In addition, **Dr. Beausoleil can administer testing in both English and French as needed, however the report is only provided in English.**

**PLEASE NOTE: Testing for ages 4 to 5 years is limited based on the current availability of tests, which is particularly restricted in French. If you require testing for your 4- or 5-year-old, please discuss this with Dr. Beausoleil and Dr. Rosval. .**

### **PREPARING FOR YOUR FIRST APPOINTMENT**

1. If your child is a NEW patient, please fill out the New Patient Questionnaire. It is available on our website or can be filled out at the office. Please arrive 5 minutes prior to your appointment to do so.
2. Please bring past report cards, Individualized Education Plan (if available), and any other pertinent assessment reports (e.g., previous psychology reports, speech-language assessments).
3. All parent and teacher questionnaires will be provided to you at the first testing session.
4. The first intake appointment and feedback session, **we suggest that all parents/guardians attend if possible.**
5. The beginning of the session is reserved for the psychologist to speak to the parent(s) about their impressions, concerns, and reasons why they believe the child needs an assessment. This conversation is usually planned for approximately 35-40 minutes. Then, the child will see the doctor alone for the remainder of the appointment.

### **PROFESSIONAL FEES**

**A complete assessment generally takes between 14 and 17 hours. The total cost of the assessment ranges from \$3360-4080.**

A typical assessment takes 14 hrs (@\$240/hr = \$3360), but costs can increase depending on the complexity of the situation and the questions that need to be answered. All aspects of the assessment (i.e., interviews, testing, scoring, observation visits, telephone interviews, and report writing) are billable.

The billing is calculated in the following way:

- o Intake and feedback sessions are 1hr long and are billed at the hourly rate (\$240 each).
- o The testing with the child is also billed at the hourly rate. Most children require about 2 hrs of testing at each session, with a total of 4 hrs. However, some children require less time and

others require more time (or additional tests) and the parent pays for the time used (rounded up to the nearest 15 minutes).

- o The scoring of the tests, document review, consultation with other professionals, and the completion of the report takes 8-11hrs total and is billed at the hourly rate (\$240 X 8= \$1920). It is billed in 2 installments (\$960 at testing session #1, \$960 at testing session #2).

What you owe at each session:

	Billable Items	Amount owed
Part 1: Initial Interview	1 hr. interview with family	\$240
Part 2: Testing session #1	Approximately 2hrs testing 1 <sup>st</sup> installment of report (50%)	\$480* + \$960 <hr/> Total: \$1440*
Part 2: Testing session #2	Approximately 2hrs testing 2 <sup>nd</sup> installment of report (50%)	\$480* + \$960 <hr/> Total: \$1440*
Part 2: Testing session # 3 (Only if needed)	Up to 2 hrs. of additional testing	\$240*/hr (only if needed)
Part 3: Questionnaires	N/A	No charge
Part 4: Feedback Meeting	1 hr. session with parents + Any additional hours of scoring, consulting, or report writing required based on complexity of case (Max 3 hours).	\$240  + \$0- 720* <hr/> Total: \$240-960*

\*Please be advised that these represent estimates, and the actual cost of the assessment will change depending on the time used by the child to complete the tests and the complexity of the case, which may result in additional hours (maximum 3hrs) or scoring, consulting, document review or report writing. If the child would benefit from a 3<sup>rd</sup> session or from completing additional tests, this will be discussed with you and the price will be adjusted accordingly.

**We accept payment in the form of debit or credit card (Mastercard or Visa only)** and you will be provided with itemized receipts at each stage of the assessment.

### **INSURANCE REIMBURSEMENT**

**Prior to booking an assessment, please call your insurance to get details of your plan and understand what your coverage is. Our services are NOT covered by OHIP. We do not direct bill to insurance companies. BPS is not liable for any costs not covered by insurance.**

Different plans have different coverage, and it is the client's responsibility to ensure they understand what they are covered for and what the insurance company requires (referral, information on the invoice etc.) We do not have that information available to provide to you.

Parents can sometimes claim the intake and feedback session under their own name and insurance, as they participate in those appointments. The bill provided will reflect who is present during the session. The testing sessions are for the child only and can only be billed in the child's name as parents are not present for those sessions.

### **CANCELLATION/MISSED APPOINTMENT POLICY**

If you need to change any appointment times, we are happy to help you find more suitable dates. However, the test dates are scheduled quite in advance, and we require sufficient notice for rescheduling as follows:

**Psycho-educational testing dates (Missed appt/NO SHOW/Rebooking):**

Given our long wait list and the length of these appointments, we require a **two week notice** to cancel or reschedule these appointments. **A minimum fee of \$480 (2x\$240) will be charged for the missed appointment if the required notice is not provided.**

**Intake meet and greet appointment:**

In case of an unexpected situation where you may not be able to attend your scheduled appointment, we require **48 hours (2 business days) notice** so that we may be able to offer the time to another patient. We have patients on our waiting list wishing to book an appointment, therefore ***last-minute cancellations are only accepted in the case of an emergency.*** **A \$100.00 fee will be applied to your account for any cancelled/re-scheduled/missed appointments without the required 2 business days' notice.**

**If you have any questions or concerns, please feel free to bring them up in session or contact Colleen Trang, Office Manager at (613) 823-3876.**



Amélie Beausoleil, PhD, CPsych



Dr. Lindsay Rosval, C. Psych.